



**THE COMMONWEALTH OF MASSACHUSETTS
DEPARTMENT OF INDUSTRIAL ACCIDENTS**

Office of Safety

**600 WASHINGTON STREET, 7TH FLOOR
BOSTON, MA 02111**

Mitt Romney
Governor

Kerry Healey
Lieutenant Governor

**These Safety Training videos are available for you to borrow, at no cost.
Contact Dan DeMille at (978) 683-6420 ext. 138, if you are interested.**

Title: Contractor Electrical Safety Awareness

Produced by: National Grid

Date: 2003

Intended for: Power line workers

Time: 14 min

Topics Covered: Electrical death information, electricity overview, electrical risks, overhead lines and heavy equipment, OSHA Standards, ladders, underground lines, What to do if a line is hit, reducing risk

Title: Forklift Safety

Produced by: JJ Keller and Associates

Date: 1999

Intended for: Forklift Operators

Time: 20 min

Topics Covered: Training requirements, hazards, general use precautions, safer operation, refueling and recharging

Title: Lead Hazard Awareness

Produced by: Massachusetts Carpenters Training Program

Date: 1993

Intended for: Vocational Students, beginner carpenters, or anyone working with lead

Time: 30 min

Topics Covered: History, use and health effects of Lead, symptoms of exposure, deleading, monitoring, protection

Title: Ergonomics at Analog Devices (2 copies)

Produced by: ATR

Date: 2003

Intended for: Office workers, specialized equipment users

Time: 12 min

Topics Covered: Proper postures and forms (chairs, desks, computers, keyboard,). Specialized equipment such as microscopes.

Title: Weld Safely: Protect yourself from welding hazards

Produced by: American Lung Association

Date: 1988

Intended for: Vocational students and beginner welders

Time: 34 min

Topics Covered: Industrial hygiene, visible hazards, fume hazards, welding gases, methods of protection, respirators

Title: Ergonomics at Pepsi Cola

Produced by: Sargeant and Associates

Date: 2003

Intended for: Forklift operators

Time: 3 min

Topics Covered: Safe forklift operations for lifting things up

Title: Boston Housing Authority Injury Prevention: Breaking the Chain of Strain

Produced by: BHA

Date: 1998

Intended for: Employees who are lifting frequently

Time: 10 min

Topics Covered: Lifting techniques, snow shoveling

Title: Safety is no Accident

Produced by: ATR

Date: 1998

Intended for: Machine workers and office workers

Time: 12 min

Topics Covered: Ergonomics for muscles, safety principles, lifting, stretching

Title: The Safe Behavior Process: Safe Machine use at Epedx

Produced by: ATR

Date: 1998

Intended for: Industrial machinery operators

Time: 19 min

Topics Covered: Industrial machines; forklifts, vacuum hoists, strapex, lantech, slitter and scissor ramps

Title: Working Safety with Pesticides (2 copies)

Produced by: BHA

Date: 1990

Intended for: Pesticide workers

Time: 40 min

Topics Covered: Health affects, prevention, protective gear, product safety in regards to pesticides

Title: Stretching at NEBS

Produced by: ATR

Date: 2003

Intended for: Office employees frequently on their feet

Time: 14 min

Topics Covered: Stretching

Title: Safe Workers Teens: the hazards we face in the workplace (2 copies)

Produced by: Department of Public Health

Date: Not listed, looks like mid 1990s

Intended for: High school students

Time: 13 min

Topics Covered: Rights, information on hazards, right to know

Title: Chadwicks: A safe workplace (also available in Spanish, Creole, and French)

Produced by: ATR

Date: 2000

Intended for: Factory workers

Time: 14 min

Topics Covered: Safety awareness, lifting, clutter, forklifts, stretching, knife safety

Title: Kids at Work

Produced by: Lifetime Documentary

Date: 1991

Intended for: Child labor advocates

Time: 60 min (with commercials)

Topics Covered: Garment district sweatshops, Family farming, dangerous machinery, Fruit farms, effects on schoolwork

Title: It Didn't Have to Happen- Preventing CTDs (2 copies)

Produced by: MassCosh

Date: 1990

Intended for: Employees interested in information on CTDs

Time: 35 min

Topics Covered: How CTDs are created, ways to change, pro union information

Title: Driver Safety- Set the pace for safety

Produced by: ATR

Date: 1998

Intended for: Tractor trailer drivers

Time: 10 min

Topics Covered: Pretrip routine, road, cargo, and equipment safety

Title: Aspirin, Eyedrops or Ergonomics?

Produced by: Office Education Project, Labor Productions

Date: 1989

Intended for: Office Employees

Time: 24 min

Topics Covered: Eyestrain equipment, ergonomic desks, chairs, keyboards

Title: Risk Factors and Your Ergonomic Eye at ESP Lock

Produced by: Windham

Date: 2001

Intended for: Manufacture employees

Time: 11 min

Topics Covered: Ergonomic risk factors for manufacturing; repetitive motion, posture, etc. Techniques to minimize risks.

Title: Risk Factors and Your Ergonomic Eye at Ark-les

Produced by: Windham

Date: 2001

Intended for: Manufacture employees

Time: 9 min

Topics Covered: Ergonomic risk factors for manufacturing; repetitive motion, posture, force, cold temperatures. Techniques to minimize risks.

Title: Ergonomic Eye- Opportunities to create change at Flagship Press

Produced by: Windham

Date: 2001

Intended for: Manufacture employees

Time: 9 min

Topics Covered: Ergonomic risk factors for manufacturing; repetitive motion, posture, force, cold temperatures. Techniques to minimize risks.

Title: Ergonomic Eye- Opportunities to create change at Acoustic Works

Produced by: Windham

Date: 2001

Intended for: Manufacture employees

Time: 9 min

Topics Covered: Ergonomic risk factors for manufacturing; repetitive motion, posture, force, cold temperatures, localized mechanical stress. Techniques to minimize risks.

Title: Ergonomic Eye at Hudson Lock

Produced by: Windham

Date: 2001

Intended for: Office employees

Time: 12 min

Topics Covered: Workstation setup, rest and relaxation, repetitive motion, contact stress, cold, posture, force, vision

Title: Ergonomic Training for Pepsi Cola Bottling of Worcester- Driver Training

Produced by: Sargent and Associates

Date: 2003

Intended for: Tractor trailer drivers

Time: 5 min

Topics Covered: Chalking wheels, enter/exit vehicle, stretching, vehicle maintenance, open/close door

Title: Ergonomic Training for Pepsi Cola Bottling of Worcester-Merchandiser Training

Produced by: Sargent and Associates

Date: 2003

Intended for: Merchandisers

Time: 4 min

Topics Covered: Stretching, loading, product handling

Title: Laboratory Ergonomic Safety at Dana Farber

Produced by: ATR

Date: 2000

Intended for: Laboratory workers

Time: 17 min

Topics Covered: Workplace setup, fine motor use, equipment use, stretching, lifting

Title: Taking Charge of Ergonomics at Work at NEBS

Produced by: ATR

Date: 2003

Intended for: Office employees

Time: 12 min

Topics Covered: Stretching, Posture, reaching, repetitive motion

Title: Ergonomics at Staples

Produced by: ATR

Date: 2002

Intended for: Office Employees

Time: 10 min

Topics Covered: Ergonomic risk factors in office environment; chairs, computers, stretching.

Title: Office Ergonomics at Brylane

Produced by: ATR

Date: 2003

Intended for: Office Employees

Time: 12 min

Topics Covered: Ergonomic risk factors in office environment; posture and detailed chair explanation

Title: Fire sense: Stop, Drop and Roll- Fire safety for the hearing impaired

Produced by: Westwind Production

Date: 1987

Intended for: Hearing impaired people- video has sign language and subtitles

Time: 10 min

Topics Covered: Fire safety for someone caught on fire

Title: Fire sense: Silent Response

Produced by: Westwind Productions

Date: 1987

Intended for: EMS employees

Time: 9 min

Topics Covered: Emergency communications with the hearing impaired. Basic recognition of hearing impaired patients for EMS.

Title: Polar Beverage Safety Video- Order Pickers

Produced by: Sargent and Associates

Date: 2001

Intended for: Warehouse workers

Time: 5 min

Topics Covered: Warehouse pickup trucks, lifting, twisting, power zone factors, stretching

Title: Polar Beverage Safety Video- Driver Safety

Produced by: Sargent and Associates

Date: 2001

Intended for: Tractor trailer drivers

Time: 6 min

Topics Covered: Vibration, push/pull, falls, repetition, enter/exit, hood opening, stretching

Title: Polar Beverage Safety Video- Sales and Merchandizing

Produced by: Sargent and Associates

Date: 2001

Intended for: Sales and merchandizing employees

Time: 6 min

Topics Covered: Push/pull, falls, reaching, improper equipment, stretching

Title: Spray Safely: Protect yourself from hazards in painting (2 copies)

Produced by: American Lung Association

Date: 1988

Intended for: Vocational School teachers, auto body shops

Time: 35 min

Topics Covered: Identification of hazards/chemicals, chemical effects, protective equipment in regards to spray painting in auto body shops

Title: Keep an Eye on Safety- The safe behavior process at Expedx

Produced by: ATR

Date: 1998

Intended for: Any employee

Time: 13 min

Topics Covered: Behaviors and actions toward safe behaviors, finding behaviors to change

Title: Vanchair Operators

Produced by: Trinity Healthcare Transport

Date: 2004

Intended for: Vanchair operators, EMTs

Time: 10 min

Topics Covered: Back injuries, load/unload, lift, carry, chair use

Title: EMT's and Paramedics Safety Video

Produced by: Trinity Healthcare Transport

Date: 2004

Intended for: EMTs and Paramedics

Time: 12 min

Topics Covered: Ergonomics for EMTs and Paramedics; exiting vehicles, load/unload occupants, chair transport, board and lift procedure, location procedures, back injuries